#### **PARTNERS WELCOME**

Connected Rural Communities Collaborative Partners:

- County of Lambton
- Grand Bend Area Community Health Centre
- Grand Bend Area Health Services Foundation
- Grand Bend Community Foundation
- Hensall Streetscape Committee
- Huron Perth United Way
- Huron Shores Transit Committee
- Huron Shores United Church
- Kettle and Stoney Point First Nation
- Lakeshore Eco-Network
- Lambton College
- Lambton Shores Nature Trails

- Municipalities of Bluewater, Lambton Shores, and South Huron
- North Lambton Community Health Centre
- South Huron Hospital Association
- St. John's by The Lake Anglican Church
- The Community Hub Committee
- West Huron Care Centre / Bluewater Rest Home

We are always looking for more partners. If you would like to join this effort, please contact us.

Search online for area services and activities by using thehealthline.ca or 211ontario.ca.



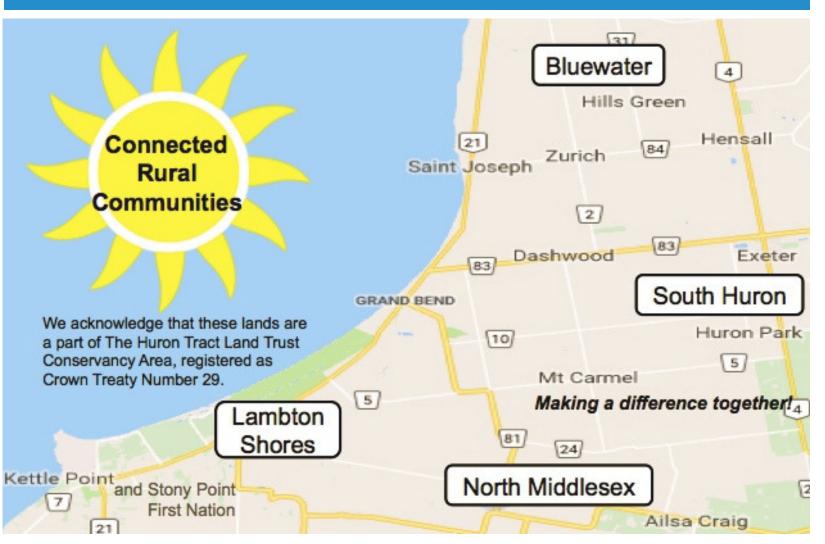


## Grand Bend Area Community Health Centre

69 Main Street East, Box 1269 Grand Bend, Ontario N0M 1T0

## North Lambton Community Health Centre

3-59 King St. W Forest, Ontario N0N 1J0















# CONNECTED RURAL COMMUNITIES

Join us as we build connections and inclusion—together!



## **CONNECTED RURAL COMMUNITIES**

Inclusive and connected communities keep people well. We can make a difference together! Work with Connected Rural Communities Collaborative. Let's connect people to ...

- > One Another;
- ➤ Health Services:
- ➤ Natural Environment:
- ➤ Safe, Affordable Housing;
- > Transportation; and
- ➤ Welcoming Spaces.

#### **SOCIAL INCLUSION**

Social inclusion is

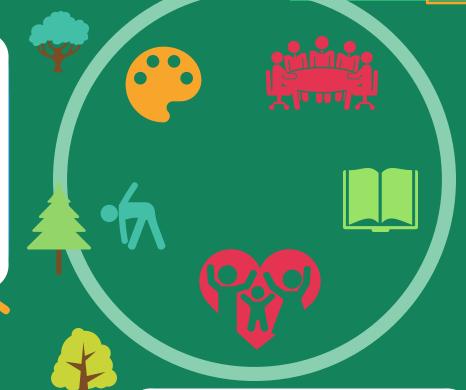
- access to basic needs, services, activities, and groups;
- active participation in community and the natural environment; and
- feeling welcomed and embraced as a member who belongs.

This work involves a process of identifying and removing barriers.

Become an ally. Take action to create conditions that ensure all people can reach their full health potential.

#### **HOUSING**

Safe, affordable housing helps people to stay and age in this community. It also means people on limited income do not have to choose shelter over food to survive and thrive.



#### **WELLNESS HUBS**

People's wellbeing improves when there are places to get together.
Hubs can include churches,
Legions, schools, libraries, health centres, and municipal buildings.
Activities include arts, culture,
leisure, learning, fitness, social,
spiritual, volunteering and more.
Many agencies can work together to bring our communities together.

# HEALTH CARE EXPANSION

Quality health care and wellbeing programs prevent people from getting sick and promote health. People need access to these services and programs in a timely and supportive manner. We also need enough space and health providers to offer these services and programs.



#### **TRANSPORTATION**

Some people living in rural communities may have a hard time getting to and from places. Our communities have a high need for transit. Let's work together to provide a connected transportation network.



# NATURAL ENVIRONMENT AND TRAILS

Our area has beautiful nature trails, forests, gardens, lakes, rivers, and wetlands. We can make our trails accessible, connected, and well-travelled. We can also protect and restore our natural environment.

