

Volunteer – Kid Food Nation Program

BGC Sarnia-Lambton provides services to children and youth by offering programs during the critical *out-of-school hours* that build self-esteem and foster strong social and life skills.

We are currently seeking enthusiastic volunteers to support our Kid Food Nation program—a fun and interactive cooking class for children ages 7–12. This program focuses on building food skills, confidence, and healthy habits in a supportive environment.

Position Details

- Position: Volunteer – Kid Food Nation Program
- Schedule: Wednesdays, 6:30 PM – 8:30 PM
- Location: Grand Bend, ON
- Program Duration: 8 Weeks beginning September 2026

Key Responsibilities

- Assist staff in delivering engaging, age-appropriate cooking activities
- Support children in following recipes and practicing safe food handling
- Help supervise participants to ensure a safe and inclusive environment
- Encourage participation, teamwork, and positive behavior
- Assist with program set-up and clean-up (kitchen and activity space)
- Help maintain cleanliness and organization of equipment and supplies
- Build positive relationships with participants, staff, and fellow volunteers

Qualifications

- Interest in working with children and/or youth (ages 7–12)
- Interest in cooking, nutrition, or food education is an asset
- Friendly, reliable, and able to work as part of a team
- Strong communication and interpersonal skills
- Ability to take initiative and adapt in a dynamic environment

Additional Requirements

- Successful completion of a Vulnerable Sector Check (required)
- Food Handler Certification and/or First Aid/CPR is considered an asset (but not required)
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Opportunity

Changes

Everything

What You'll Gain

- Hands-on experience working with children and youth
- Experience supporting a structured recreational/educational program
- Opportunity to develop leadership and communication skills
- Volunteer hours (if applicable for school requirements)

Equity Statement

BGC Sarnia-Lambton is committed to fostering an inclusive and diverse environment and encourages all interested individuals to apply.