Grand Bend Area
Community Health Centre

FREE COPY

SERVICE DIRECTORY

From the Chief Executive Officer

New

The Grand Bend Area Community Health Centre (GBACHC) is dedicated to the health and well-being of residents in northern Lambton and southern Huron counties. With sites in both Grand Bend and Hensall, the GBACHC is continually evolving to better serve the community. The organization's healthcare professionals, support staff, and volunteers proudly work together to establish a robust, responsive team-based primary care organization.

Guided by a clear vision and shared values, the GBACHC prioritizes service improvement and collaboration with local organizations to ensure accessible care for all. Therefore, a wide range of programs and services is available at both locations, including initiatives to prevent illness and promote health, which are open to all community members.

I encourage community members to explore this directory to learn about the healthcare services offered by the GBACHC. Additionally, I invite you to get involved by joining the GBACHC Community Advisory Council or the Board of Directors. Your participation can help us make a meaningful difference in our community's health and well-being.

Sincerely, Ralph Ganter, CEO

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Grand Bend Area Community Health Centre

Grand Bend Site

69 Main Street East, PO Box 1269, Grand Bend, Ontario N0M 1T0

Hours of Operation

Monday through Thursday, 9 am to 7 pm;
Friday, 9 am to 4 pm
Saturday Walk-in Clinic 9 am to 11:30 am;
patient registration begins at 8:30 am
Closed Sundays and Holidays

Reception and Appointments: 519-238-2362

Additional Care Outside Hours of Operation:

911: In case of emergency

GBACHC On-Call Service: The GBACHC offers an after-hours on-call service at 519-238-2362 to ensure rostered patients maintain access to care. It triages patients by priority and urgency, guiding them on how and where to access a physician outside regular hours. This service provides timely advice, directs patients to appropriate care, reduces unnecessary emergency visits, and ensures patient safety and continuity of care.

1-844-227-3844 or UrgentCareOntario.ca: Same or next day virtual pediatric and adult appointments

1-866-797-0000: Telehealth Ontario: Registered Nurse consultation 24 hours a day, seven days a week

Hensall Site

122 King Street, Hensall, Ontario N0M 1X0

Hours of Operation

Monday, Tuesday and Thursday: 9 am to 5 pm
Wednesday: 9 am to 7 pm
Friday: 9 am to 4 pm
Closed Saturdays, Sundays, and Holidays

Reception and Appointments: 519-262-3140

1-866-933-2023: Reach Out 24/7 mental health consultation

1-866-531-2600: ConnexOntario – free and confidential health services information for people experiencing problems with alcohol and drugs, mental illness or gambling

Health811 (Additional Care Navigation Support): Health811 (dial 811) is a provincially operated service that complements the care provided by the GBACHC. Patients can access registered nurse advice and triage to help assess symptoms, determine priority and urgency, and receive guidance on the most appropriate next steps for care. This may include self-care advice, timely primary care follow-up, urgent care, or emergency services when needed. Health811 enhances patient access to safe, informed care navigation alongside clinic-based services.

211: Ontario general and contact information

Mission, Vision, Values & Strategic Directions

Mission

To enhance the health and well-being of the people in our communities through accessible, inclusive, and equity-focused care that addresses the social determinants that impact health and is informed by the voices of the communities we serve.

Vision

To be a trusted Patient Medical Home where every person feels welcomed, respected, and able to achieve their best possible health.

Values

People-centred; equity; respect and inclusion; accessibility; community engagement; collaboration; compassionate care; integrity and trust; and anti-racism and anti-oppression.

Strategic Directions - The Quintuple Aim Pillars

1. Value for Money
2. Health Outcomes
3. Patient Experience
4. Provider Experience
5. Equity

For more information, visit our website here: https://gbachc.ca/about/strategic-plan/

Model of Health & Wellbeing & Health Equity Charter

The GBACHC is a member of the Alliance for Healthier Communities (Alliance). The Alliance is an organization and a movement. It advocates at the provincial level for healthier individuals and communities, as well as a more sustainable Ontario healthcare system. The Alliance and its members believe that health is the state of optimal physical, mental, social, and spiritual well-being. For more information, visit www.AllianceOn.org

The GBACHC Board of Directors has also endorsed the Alliance's Health Equity Charter and is committed to reviewing the progress of implementing the charter annually.

Prescription Refills

Prescription renewal requests are submitted directly through your pharmacy. To help ensure timely processing and avoid interruptions to your medication, please ask your pharmacy to send renewal requests at least **two weeks before the expiration date.**

Helpful Tips for Patients and Caregivers

Before your Appointment

- Make a list of questions or concerns.
- Write down any symptoms, health changes, or questions you want to discuss. Prioritize the top two to three concerns if time is limited.
- **Review your medications:** Bring a current list of all medications, vitamins, and supplements you take, including the dosages and how often you take them.
- **Know your health history:** Be ready to provide key information such as past surgeries, diagnoses, allergies, and family medical history.
- **Bring records if needed:** If you've seen other specialists, bring any relevant test results, reports, or referrals.
- **Update your information:** Please notify us if your contact details, pharmacy, or emergency contact information have changed.

Caregiver Tips

- **Join the appointment:** If the patient agrees, attend the appointment to help take notes, provide context, and ensure follow-through.
- **Support shared decision-making:** Help patients understand their options and preferences and ask questions if something is unclear.

On the Day of Your Appointment

- **Arrive early:** Aim to arrive at least 10 to 15 minutes before the scheduled start time. Consider the traffic and weather on the day of your appointment.
- Bring your health card.
- Bring a pad of paper, use your phone to take notes during your visit, or ask your provider for a printed summary.
- **Be honest:** Share openly about your symptoms, lifestyle, or challenges you face.

After Your Appointment

- **Follow up on next steps:** Make note of any tests, referrals, prescriptions, or follow-up appointments.
- **Ask for help:** If you're unsure about what to do next or have trouble accessing services, call the GBACHC.

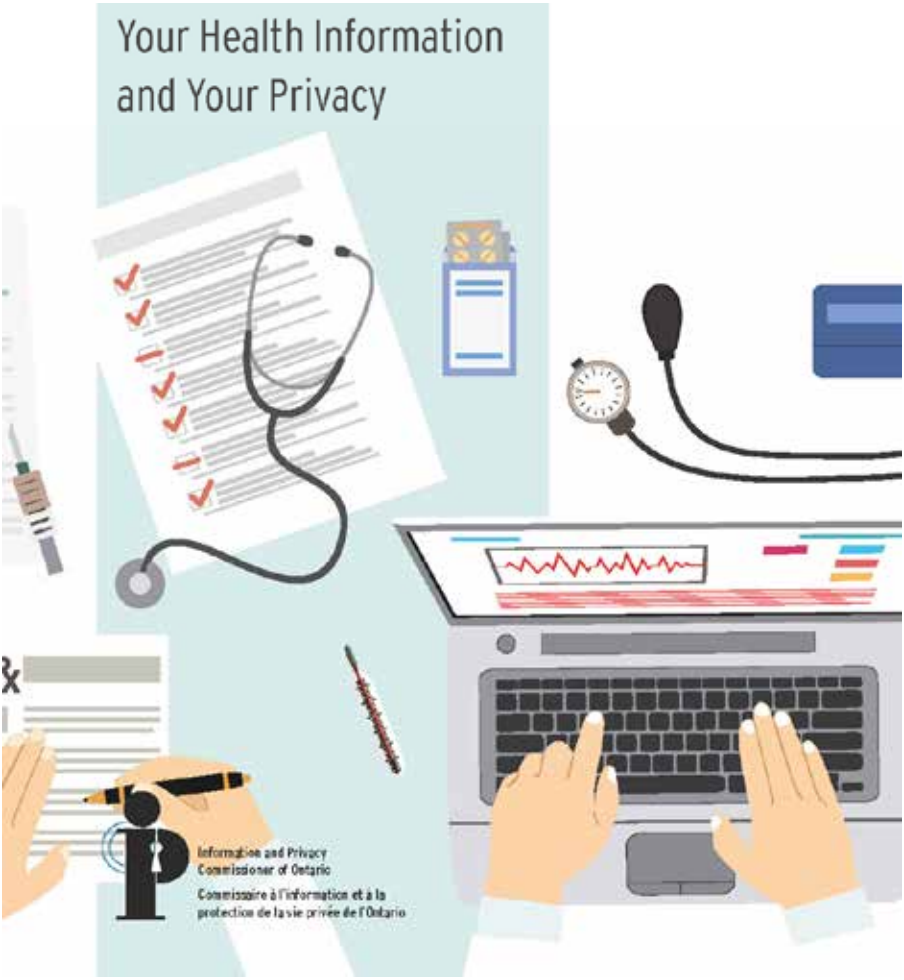
Care Options

Patient/Client Relations

The GBACHC encourages a partnership between patients/clients and their healthcare providers. Patient/Client concerns are treated with courtesy and respect, and feedback is handled with confidence to uphold the privacy of everyone involved. Feedback may be given at 519-238-2362 x283, clientrelations@gbchc.com or https://gbachc.ca/patient-care/responsibilities-satisfaction/.

Personal Health Information & Privacy

The GBACHC follows the Personal Health Information Protection Act, 2004 (PHIPA), and the organization's privacy statement aligns with the privacy practices recommended by the Alliance for Healthier Communities. Personal health information is stored in an electronic medical record in accordance with PHIPA. Patients/Clients may request access to their personal health information by contacting the GBACHC Privacy Officer, **Ralph Ganter, at 519-238-2362 x283**.



The primary care team consists of family physicians and nurse practitioners, supported by registered practical nurses, a system navigator, case management support, and medical office assistants. Diagnostic services include twice-daily laboratory courier service, spirometry, and ambulatory blood pressure monitoring. The team also regularly welcomes students, providing clinical placements and learning opportunities to support future healthcare professionals.

Residents from the Grand Bend and Hensall areas may request a family physician at gbachc.ca/patient-care/primary-care/#application

System Navigation

Healthcare system navigation is provided by a registered practical nurse and a clinical care coordinator who work to identify appropriate healthcare support for complex patients.

Blood Draws

Blood draws are available daily at the Grand Bend site to everyone in the community – a requisition and an appointment are required.

At the Grand Bend Area Community Health Centre (GBACHC), we provide care through an allied health team that works together to support your health and well-being. Our team includes nurse practitioners, registered nurses, social workers, dietitians, physiotherapists, kinesiologists, respiratory therapists, and other health professionals. Each provider brings expertise and collaborates closely with your primary care team to ensure you receive comprehensive, coordinated care. This team-based approach enables us to address your medical needs and the physical, emotional, and social factors that contribute to your overall health.

To request services, call 519-238-2362 or self-refer by completing a Programs & Services Referral Form on our website here: https://forms.office.com/r/3Hqu0T5a0A

Dietitian Services

Enhancing lives and improving health through the power of food, the registered dietitians provide expert support to help you manage nutrition as part of your overall health and wellness. They offer one-on-one, family, and group counselling on various food and healthy lifestyle topics, including weight management, heart health, irritable bowel syndrome, high blood pressure, high cholesterol, picky eating, and bowel concerns. By working with a GBACHC dietitian, you can access personalized guidance and practical strategies to make lasting changes that support your health goals.

Kinesiology

Kinesiologists support patients in improving movement, function, and overall quality of life through safe, evidence-based exercise and physical activity. They provide one-on-one and group services to help manage chronic conditions such as arthritis, osteoporosis, diabetes, and heart disease and support rehabilitation following injury or surgery. Kinesiologists also assist with fall prevention, strength and balance training, and the development of personalized exercise plans to meet everyone's needs and goals. They focus on promoting independence, reducing pain, and enhancing daily function so patients can stay active and engaged in their communities.

Occupational Therapy

Occupational therapists help patients maintain independence and improve their ability to participate in everyday activities that are important to them. They provide assessment, education, and treatment to support individuals managing physical, cognitive, or emotional challenges that may affect daily living. Services may include strategies for energy conservation, joint protection, and pain management; recommendations for adaptive equipment and home modifications; and interventions to improve memory, organization, and coping skills.

Occupational therapists work collaboratively with patients and their families to develop personalized plans that enhance safety, function, and quality of life, enabling individuals to engage in their homes, workplaces, and communities fully.

Physiotherapy

Physiotherapy helps patients restore movement, manage pain, and improve physical function following illness, injury, or surgery. Physiotherapists provide individualized assessments and treatment plans that may include exercise therapy, manual therapy, education, and injury-prevention strategies. They support patients in managing chronic conditions such as arthritis, osteoporosis, and respiratory disease, as well as recovery from joint replacements, fractures, and other musculoskeletal concerns. Physiotherapists also play a crucial role in fall prevention, balance and mobility training, and promoting safe and active lifestyles. The focus is on empowering patients to regain independence, optimize function, and improve overall quality of life

Pelvic Floor Physiotherapy

Pelvic floor physiotherapy focuses on helping individuals improve pelvic health and function through specialized assessment and treatment. This service supports people experiencing concerns such as urinary or fecal incontinence, pelvic organ prolapse, chronic pelvic pain, and issues related to pregnancy, childbirth, or menopause. Treatment may include exercises to strengthen or relax the pelvic floor muscles, education on bladder and bowel health, posture and breathing techniques, and strategies to improve core stability. Pelvic floor physiotherapy aims to alleviate symptoms, restore confidence, and improve quality of life, enabling patients to return to their daily activities with comfort and independence.

Respiratory Therapy

Respiratory therapy supports patients in managing and improving their breathing and lung health. Respiratory therapists provide assessment, education, and treatment for conditions such as asthma, Chronic Obstructive Pulmonary Disease (COPD), sleep apnea, and other chronic or acute respiratory concerns. Services may include pulmonary function testing, oxygen therapy support, smoking cessation counselling, and individualized breathing exercises. Respiratory therapists also lead group programs, such as Better Breathing, to help patients build skills and confidence in managing their conditions. The goal is to enhance lung function, reduce symptoms, and improve quality of life, allowing patients to breathe more easily and stay active daily.

Social Work

Social work supports individuals and families facing challenges affecting their health and well-being. Social workers offer counselling, advocacy, and practical assistance to help people cope with stress, anxiety, depression, grief, relationship issues, and life transitions. They also connect patients with community resources related to housing, income support, food security, and other social determinants of health. Services may include one-on-one counselling, family sessions, and group programs designed to promote resilience, strengthen coping skills, and enhance overall quality of life. Social workers collaborate closely with the allied health team to ensure that patients receive holistic care that addresses both their health and social needs.

STOP Smoking Cessation Program

The STOP Smoking Cessation Program offers free, supportive services to help individuals quit smoking and improve their overall health. The program provides counselling and education on strategies to manage cravings and triggers, along with access to nicotine replacement therapy such as patches, gum, inhalers, lozenges, or mouth spray at no cost. Patients receive personalized support from trained health professionals who work with them to set goals, track progress, and build coping skills. The program aims to make quitting more achievable, reduce health risks, and enhance long-term wellness.

Team-based chronic disease care is designed to support patients in managing long-term health conditions through coordinated, comprehensive services. Our allied health team creates individualized care plans that address each patient's unique needs and goals. Support may include disease education, medication management, lifestyle counselling, exercise and nutrition planning, mental health support, and self-management strategies. By collaborating as a team, we aim to reduce complications, improve quality of life, and empower patients to take an active role in their health while ensuring care is connected, accessible, and patient-centred.

Better Breathing Team

The Better Breathing team provides specialized support for individuals with chronic lung conditions, including Chronic Obstructive Pulmonary Disease (COPD), asthma, and pulmonary fibrosis. The team, which includes respiratory therapists and other allied health providers, offers education, exercise, and self-management strategies to help patients improve their breathing, build stamina, and maintain independence. Services may include individualized care plans, group classes focused on breathing techniques and physical activity, and guidance on managing flare-ups and preventing hospital visits. The Better Breathing team aims to help patients breathe easier, stay active, and enjoy a better quality of life.

Cardiac Rehabilitation Team

The Cardiac Rehabilitation team supports patients recovering from heart events such as heart attacks, cardiac surgery, stent placement, or those living with heart disease. This allied health team provides individualized exercise programs, education on heart-healthy living, nutrition counselling, stress management strategies, and guidance on medication and risk factor management. Through supervised exercise sessions and ongoing support, patients learn how to safely improve their fitness, strengthen their hearts, and reduce the risk of future cardiac events. The program's goal is to restore confidence, promote long-term heart health, and help patients return to their daily activities with an improved quality of life.

Functional Fitness Program

The Functional Fitness program is designed to help older adults and individuals with chronic conditions maintain strength, balance, flexibility, and endurance for everyday living. Led by trained health professionals, the program focuses on practical exercises that support daily activities such as climbing stairs, carrying groceries, or getting up from a chair. Sessions may include strength training, balance practice, stretching, and aerobic activity, all tailored to participants' abilities and goals. The aim is to reduce the risk of falls, increase independence, and promote overall well-being, enabling participants to stay active, confident, and engaged in their communities. The program is offered online and in person.

Diabetes Education Team

The Diabetes Education Team helps individuals and families learn how to manage diabetes and reduce the risk of complications. The team includes certified diabetes educators, such as registered dietitians and registered nurses, who provide one-on-one and group education tailored to each person's needs. Topics may include healthy eating, blood sugar monitoring, physical activity, stress management, foot care, and understanding medications or insulin. The team works closely with patients to build confidence and self-management skills, empowering them to make informed choices and live well with diabetes. Support is available at the Grand Bend and Hensall sites, ensuring care is accessible and responsive to community needs.

Persistent Pain Management Program

The Persistent Pain Management Program provides education and support to individuals living with ongoing pain. Led by an allied health team, the program teaches strategies to understand better and manage pain, with a focus on improving daily function and quality of life. Participants learn about the science of pain, pacing and goal setting, gentle movement and exercise, mindfulness and relaxation techniques, nutrition, and the importance of healthy sleep. The program emphasizes self-management, helping participants build confidence and resilience while reducing the impact of pain on their physical, emotional, and social well-being.

Social Prescribing

The GBACHC's Social Prescribing program complements primary care and allied health services by connecting patients/clients to community resources tailored to their needs, interests, and goals. A Community Navigator collaborates with patients/clients and service providers to address basic needs and promote social and emotional well-being, fostering a sense of community belonging. This person-centred approach encourages self-determination, empowering patients/clients to set personal goals and chart their own path to health.

Social Prescribing Impacts:

- Enhances social connections
- Improves mental health
- Boosts physical activity
- Prevents cognitive decline
- Addresses social determinants of health
- Promotes volunteerism
- Encourages intergenerational learning

Call 519-238-2362 x 231
or email gbonnett@gbchc.com for more information.

Pulmonary Rehabilitation Program

The program supports people living with Chronic Obstructive Pulmonary Disease (COPD) to breathe easier, build confidence, and connect with others who understand the challenges of living with a chronic lung condition. The free 10-week Pulmonary Rehabilitation Program includes an initial assessment, weekly exercise, education sessions led by multiple care professionals, and a graduation assessment to help participants strengthen their self-management skills.

COPD Support Group

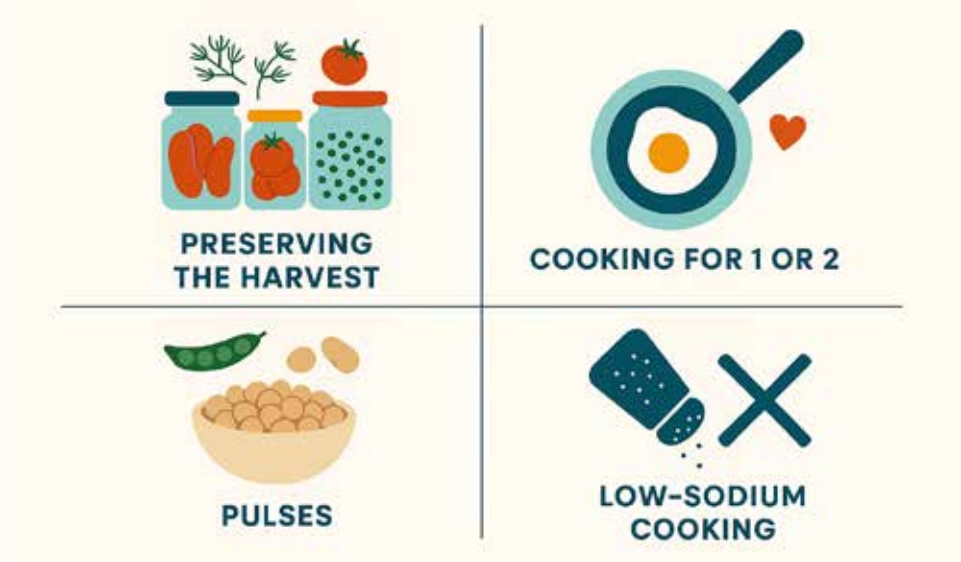
The COPD Support Group offers an ongoing, open monthly space for Lambton County residents living with COPD to share experiences, build connections, and find encouragement, hope, and practical support.

Call 519-238-2362 x284 or email pmorrissey@gbchc.com for more information.

Diabetes Cooking Classes

Diabetes Cooking Classes are free, hands-on education programs that help participants build confidence preparing healthy, diabetes-friendly meals. Open to everyone, including non-rostered patients, the classes are offered throughout the year and may focus on topics such as balanced breakfasts, liver health nutrition, heart-healthy cooking, prediabetes, diabetes, and heart health. Participants learn practical food skills and nutrition strategies to support diabetes management and overall wellness in a friendly, community-based setting.

For current class dates and registration, participants can contact Elaine Clarke at 519-238-2362 ext. 242 or eclarke@gbchc.com



Sink Into Sleep – CBT Strategies for Sleep

This supportive group program helps participants learn practical cognitive behavioural therapy strategies to improve sleep habits, manage sleep-related stress, and build a healthier bedtime routine. Offered within the GBACHC's focus on community education, mental health support, and overall well-being, the program provides participants with tools to better understand patterns that may interfere with sleep and practice realistic strategies to support rest, resilience, and day-to-day functioning.

For more information, call 519-238-2362 x285 or email atimmermans@gbchc.com.

Coping with Grief Program

This supportive group program is for people who are grieving and seeking a safe place to learn, share, and practise healthy coping strategies. It helps participants work through grief, support healing, and connect with others who may be experiencing similar loss.

For program dates, call 519-238-2362 x223
or email mgurbin@gbchc.com

Living a Healthy Life with a Chronic Disease

This free six-session workshop-style program helps participants manage their health, improve their quality of life, and work toward personal wellness goals. Designed for people who are newly diagnosed, have been living with a chronic condition for years, or are feeling overwhelmed by their health, the program teaches practical strategies for managing symptoms, making daily tasks easier, and creating a personalized plan to meet weekly goals.

For program dates, call 519-238-2362 x242
or email eclarke@gbchc.com

"Health promotion is the process of enabling people to increase control over, and to improve their health."–The World Health Organization.

The GBACHC health promoters empower people and the community to improve their health and quality of life through group education, community wellness assessments, community development projects, and advocacy campaigns.

Unless otherwise noted, the programs described below are open to everyone in the community at the Grand Bend site.

For more information, contact Cindy Maxfield at cmaxfield@gbchc.com or 519-238-2362 x231. Pre-registration is required for most programs.

Cardio and Strength Exercise Programs

Free higher-intensity, year-round program on Tuesday and Thursday evenings, 6-6:45 pm, Saturday mornings from 10-10:45

Gentle Exercise Program

Free program on Monday and Thursday mornings at 11:15 am, September to May, for people new to exercise or with physical limitations. Exercises are performed using a chair or the wall for support.

Healthy Lifestyle Exercise Program

Free exercise programs facilitated by trained volunteers are offered in fall, winter, and spring in Grand Bend (Mondays and Thursdays, 8:45 and 9 am) and Port Franks (Tuesdays and Thursdays, 9 am). Programs include a warm-up, low-impact aerobics, strength work, and stretching.

Walking Programs

Walking is one of the safest ways to improve and maintain your overall health. The GBACHC offers two programs.

Walk & Talk & Coffee

Every Wednesday in Hensall. During the winter months, it takes place at the Hensall Community Centre from 10-11 am, and in the summer, it takes place outside at our Hensall site.

Walk & Talk at the Museum

Runs on Fridays from January to April, 9–10 am, at Lambton Heritage Museum, 10035 Museum Rd, south of Grand Bend. There is no fee – bring clean running shoes. Contact cmaxfield@gbchc.com for more information. Anyone can join!

Line Dancing

Free program that combines fun and exercise at the Port Franks Community Centre on Tuesday and Thursday mornings at 8:30 am. Cowboy hats are optional; dry, clean shoes are required.

Vinyasa Yoga

Vinyasa practice supports overall well-being by improving flexibility, strength, and balance, while also enhancing concentration and reducing stress. Often called Vinyasa Flow, it involves a graceful transition from pose to pose. Many are attracted to its fitness benefits or the mindful connection between body and breath. A Level 1 Vinyasa class offers a balanced sequence of strength, balance, twists, forward folds, backbends, and sun salutations tailored to different stages of a yoga journey.

Email cmaxfield@gbchc.com to register for a class.

Chair Yoga

Yoga provides a sense of well-being for the mind, body, and soul. It enhances flexibility, strength, and balance while supporting mental clarity and stress relief. Chair yoga is designed to strengthen and stretch the body and improve breathing. Ideal for those who spend too much time sitting or have mobility challenges, chair yoga is accessible to everyone. Participants can learn poses to keep muscles active, maintain full breath, and stay focused.

Email cmaxfield@gbchc.com to register for a class.

Assistive Devices and Grab Bar Program

The GBACHC occupational therapist (OT) is a Ministry of Health (MOH) assistive devices program authorizer. Following a home safety assessment, the OT assists with obtaining appropriate mobility devices funded by the MOH. The Grab Bar Program is a fall-prevention initiative that provides funding for installing grab bars in the home.

Call 519-238-2362 x241 for more information.

Alzheimer's Caregiver Support Group

A First Link® Family Support Counsellor provides caregivers with education and strategies to support caregivers caring for a person with dementia. Third Thursday of the month at 1:30 pm.

Call 519-482-1482 or 1-800-561-5012 for more information.

Mindfulness Program

Text: All are welcome to explore the theoretical foundations of mindfulness through group interaction, mindfulness exercises, and simply feeling calmer in mind and body.

Call 519-238-2362 x223 for more information and program dates.

Parkinson's Support Group

Working with the Parkinson's Society of Southwestern Ontario, this group provides education and the opportunity to network with others in the community experiencing the disease. The group meets in person on the last Monday of every month, and everyone, including newcomers, are welcome.

Call the GBACHC occupational therapist at 519-238-2362 x241 to register.

Powerful Tools for Caregivers Program

Text: Being a caregiver can be stressful. Powerful Tools for Caregivers is an interactive, FREE, in-person, six-week educational workshop series where participants learn to reduce stress, communicate complex feelings, make tough decisions, and take care of themselves.

For more information and program dates, call 519-238-2362 x241.

Powerful Tools FOR Caregivers

Bone Health & Balance

This free five-week program is run by an occupational therapist and is designed to improve balance and strength to avoid falls and maintain independence. The program also includes an educational component on maintaining bone health.

For more information and program dates, call 519-238-2362 x241

Fridge & Food Pantries

With food security being a major concern in our community, the GBACHC has established a Community Fridge and Pantry at the Hensall site and a Community Pantry at the GBACHC site. These are available to anyone in the community who needs food.

Thank you to our partners and supporters who make this program possible!

Huron Food Distribution Centre

Grand Bend Community Food Pantry

Grand Bend Sobeys

Dani and Matt's No Frills

Sunset Community Foundation

Grand Bend and Hensall Legions

West Coast Lions Club

Community and individual donors

Food Basics

ONE CARE Home & Community Support Services

ONE CARE offers a wide range of essential services to improve the quality of life for seniors and older adults with health challenges and caregiver relief.

For the most up-to-date information on services in Grand Bend, call 1-877-502-8277.

CMHA Huron Perth Addiction and Mental Health Services

Canadian Mental Health Association
Huron Perth Addiction and Mental Health Services

Canadian Mental Health Association (CMHA), Huron Perth Addiction and Mental Health Services offers appointments at the GBACHC's Grand Bend and Hensall sites for mental health and addictions services, including addiction counselling for youth and adults, mental health case management, peer support, court support, counselling for problem gambling and behavioural change, supportive housing, community withdrawal management and more.

Self-referrals are welcome by calling 1-877-218-0077.

The rural healthcare system relies on partnerships to ensure high-quality services and support are available close to home. A Board of Directors governs the GBACHC and has established community partnerships with the organizations listed below.

Board of Directors

The GBACHC is a not-for-profit organization governed by a volunteer board of directors (Board) comprised of members from the local community. The Board and its committees provide a mechanism for representing and responding to community healthcare and well-being needs.

Anyone 18 or older who resides or works in the Grand Bend or Hensall areas and supports the GBACHC's mission, vision and values is eligible for a Board position.

The Board meets several times per year and convenes three committees, which meet quarterly to review staff reports and make recommendations to the Board.

The committees are as follows:

1. Governance Committee: maintains the Board policy manual, reviews and makes recommendations on corporate membership and Board applicants, and oversees Board development and education.
2. Resource Committee: advises the Board on policy matters related to finance, human resources, and facilities.
3. Quality Utilization and Risk Committee: reports to the Board on quality for patients/clients, staff, volunteers, and visitor safety, and matters of utilization and risk.

Grand Bend Area Health Services Foundation

The Grand Bend Area Health Services Foundation (GBAHSF) raises capital funds for the GBACHC. As the Ministry of Health does not fully fund capital costs for facilities like hospitals and the GBACHC, the foundation model was adopted in 2001 to close the funding gap. Funds raised by the GBAHSF are used for capitalized purchases, including additional land in 2008, an electronic medical record system in 2012, and, more recently, an evergreen technology solution.

Community Advisory Council

The GBACHC Community Advisory Council is a patient/client and family advisory council made up of patients/clients, caregivers, healthcare providers, and community members. The CAC provides feedback and recommendations on matters influencing patients/clients and program participants.

Call 519-238-2362 x231 to learn how to join the CAC.

We Can Help Fund

The We Can Help Fund was established to provide an urgent, one-time financial gift to any community member facing financial hardship. Fund requests are directed to the GBACHC's social workers, who work with individuals to determine the best way to help them find sustainable financial solutions.

The Rotary Club of Grand Bend founded the fund. Donations are now received from local churches, community groups, benevolence societies, and individuals.

Donations are welcome anytime by calling 519-238-2362 x283.

On behalf of the people who have been helped by the We Can Help Fund, thank you so much for your kindness and generosity!

Huron Health System

The Huron Health System (HHS) comprises Alexandra Marine & General Hospital in Goderich and the South Huron Hospital Association in Exeter. The HHS provides acute care to people living in Huron County and beyond. The hospitals have over 360 employees, 30 doctors and specialists, and 200 volunteers. There are generally 30,000 emergency room visits and 19,000 patient days every year.

Recently, the HHS launched a new strategic plan to guide the hospitals into the future. Healthcare is changing fast, and the hospital system is facing new challenges. To address this, the HHS has begun developing a master plan to help it make decisions based on the province's system capacity, government objectives, and available resources. The plan will involve a significant investment and collaboration with the Ministry of Health to determine whether to build new buildings or renovate the existing ones.

Ontario Health Teams

Ontario Health Teams (OHTs) work together to provide people with seamless healthcare by bringing together healthcare providers. These teams share the goal of creating a unified patient story, record, and care plan that all healthcare providers can access.

The Huron Perth Area Ontario Health Team, including the Grand Bend Area Community Health Centre, has over 60 healthcare partners working towards a sustainable, patient-centred system that prioritizes positive patient experiences.

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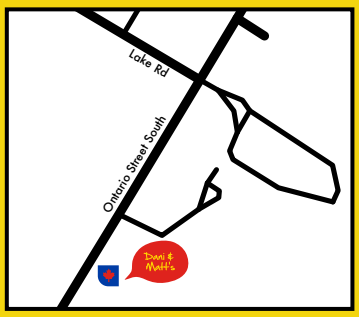
OUR COMMUNITY COMMITMENT? WE'RE ALL IN.

Thanks for supporting

NOFRILLS

98 Ontario Street South, Grand Bend

Mon: 8am-9pm
Tues: 8am-9pm
Wed: 8am-9pm
Thurs: 8am-9pm
Fri: 8am-9pm
Sat: 8am-8pm
Sun: 8am-8pm



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SET YOURSELF FREE
WITH HURON SHORES AREA TRANSIT

Rural public transit connecting Lambton Shores, South Huron, Bluewater, Kettle & Stony Point First Nation and Wyoming to each other and Sarnia, London and Goderich.

Bus Route & Schedule Information
1-888-465-0783
HuronShoresAreaTransit.ca

HURON SHORES AREA TRANSIT

Sobeys
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